



TERM 2 2022 AT PICAL

Learning something new can work wonders for your confidence as it encourages you to step out of your comfort zone and approach something completely new. Maintain an active mind and enjoy the benefits of lifelong learning!

All bookings can be made online at pical.org.au or 5952 1131 Monday-Friday 9am-3pm



LEARN LOCAL COURSES

Courses tagged with the 'Learn Local' logo are subsidised by government funding.

Eligible learners must complete the enrolment process to take advantage of the reduced tuition rates

LEARN LOCAL

DISCOVER HORTICULTURE



At Wild Food Farm

If you enjoy working in a hands-on environment or putting your practical skills to the test, then this course is for you! This exciting 7-week course held at Wild Food Farm with an expert horticulturist, will provide you valuable skills in plant growth, soils, machinery operation and disease control, establishing and maintaining garden beds and experiencing everything the horticulture industry has to offer in a fun and practical environment.

You'll also develop the ability to identify, select, cultivate appropriate varieties of Australian native plants.

Starts: Wednesday June 8 Time: 10am-1pm

Duration: 7 consecutive Wednesdays

Bookings: trybooking.com/904497 or at reception

A TASTE OF HOSPITALITY



At Wild Food Farm

Getting your start in the hospitality industry is made simple with this introductory course at Wild Food Farm. From farm gate to back paddock, showcasing the potential of Australia's amazing variety herbs, spices, fruits, and berries, you'll learn at one of Victoria's most unique hospitality venues with a distinctive native food influence.

This course provides detailed training in a range of hospitality operational skills including basic food and beverage service and what it takes to work in hospitality.

Starts: Thursday June 9

Time: 10am-3pm

Duration: 3 weeks - June 9, 10, 16, 17 and 23

Bookings: trybooking.com/904517 or at reception

LEARN LOCAL

COMPUTERS FOR BEGINNERS



with Ajanta Judd

Experienced tutor, Ajanta Judd will walk you through basic computer skills, email and the internet. Each week you will be guided through a new process and an opportunity for one-on-one tuition in order to build your confidence and skill set.

This course is perfect for adults with little or no previous computer experience, or those wanting to expand their skills in a supportive environment.

Starts Monday May 30

Time: 1pm - 4pm

Duration: 7 consecutive Mondays

Bookings: trybooking.com/904948 or at reception

BEYOND BASICS COMPUTERS



with Ajanta Judd

Enhance your knowledge of the digital world! Topics include creating and sharing files, using internet browsers and search engines, Zoom, digital footprint and social media basics.

This course follows on from our Beginners Computer course. You will upskill on existing knowledge and develop a greater competency in Windows, Microsoft Word, Google, file management, online banking and buying plus general computer use.

With a strong focus on safely navigating your computer and the internet plus, guarding security privacy, it includes lots of tips and tricks to better manage the technological world.

Starts: Friday June 3

Time: 9am-12pm

Duration: 7 consecutive Fridays

Bookings: trybooking.com/904958 or at reception

TECH SUPPORT AND PROBLEM SOLVING



with Ajanta Judd

Receive 5 hours of individualised tech support for both men and women with any type of tech-related question. From computers to mobile phones, software, virtual connections, websites, email, photo editing, myGov, vax, online applications and more! Bookings essential: Ajanta 0430 104 447

Starts: Tuesday May 24

Time: 9am-12pm

Bookings: trybooking.com/914117

Book in any week of the weeks during term 2 at a time that suits.

SMART DEVICE TIPS AND TRICKS



with Ajanta Judd

Today, some of the most important devices that can help you with your life are a smart phone, iPad, or tablet. If you already have one of these devices, then you will know how important they are for connectivity, efficiency, functionality, and entertainment. Smart phones have also been central to our response to the pandemic, such as check-in apps and providing digital proof of vaccination certificates.

Tech wiz, Ajanta Judd, will show you how to make the most of your smart phone, iPad, or tablet. Topics covered include, finding the right phone and phone plan, data, apps, security, differences between Apple and Android settings.

Starts: Friday June 3

Time: 1pm-4pm

Duration: 7 consecutive Fridays

Bookings: trybooking.com/904971 or at reception

WEBSITE DESIGN FOR BUSINESS



with Ajanta Judd

Ajanta will teach you the technical skills necessary to create and manage a website for either work or business. Using Wix as the website platform, you will develop an understanding and competency in content, branding, design, security, domains, hosting, photos, logos, search engine optimisation and promotion. Learn about keeping your website protected, functional and accessible.

You will receive tips on avoiding the common mistakes made when developing small business websites and you'll build skills and confidence to build a stunning website. Includes planning, outlining and writing new content, adding new pages; researching and including SEO and tags; connecting social media; and ensuring that technical aspects are correct.

Starts: Tuesday May 31

Time: 1pm-4pm

Duration: 7 consecutive Wednesdays

Bookings: trybooking.com/904980 or at reception

Please note: All classes are suitable for students using Apple/Mac/iPhone and PC/Tablet/Android

LEARN LOCAL FEE

- If you are attending this course as a way to increase your business skills, return to study, or participate as a volunteer in our community \$65
- Learn Local PICAL Member Fee \$55
- Pension / Concession: \$45

LEARN LOCAL AND WORKPLACE TRAINING

HLTAID009: PROVIDE CARDIOPULMONARY RESUSCITATION (CPR)



Training & Assessment delivered on behalf of National First Aid RTO.3981

Provides participants with the skills and knowledge required to respond to breathing & cardiac emergencies and to perform CPR in line with the Australian Resuscitation Council Guidelines. CPR at floor level on adult manikin is a mandatory requirement. Also suitable for anyone who has a current CPR certificate needing to do an annual update of skills and knowledge.

Date: Saturday June 11 Time: 9am-11.30am
Duration: 1/2 day
Cost: \$85pp
Bookings: trybooking.com/904999 or at reception

HLTAID011: PROVIDE FIRST AID



Training & Assessment delivered on behalf of National First Aid RTO.3981

Learn the skills and knowledge required to provide a first aid response, life support, management of casualty(s), the incident and other first aiders until the arrival of medical or other assistance. Applies to all workers who may be required to provide a first aid response in a range of situations, including community and workplace settings. Includes cardiopulmonary resuscitation (CPR).

Date: Saturday June 11 Time: 9am-5pm
Duration: 1 day
Cost: \$185 pp
Bookings: trybooking.com/905011 or at reception

HLTAID012: PROVIDE AN EMERGENCY FIRST AID RESPONSE IN AN EDUCATION & CARE SETTING



Training & Assessment delivered on behalf of National First Aid RTO.3981

Learn the skills and knowledge required to provide a first aid response, life support, management of casualty(s), the incident and other first aiders until the arrival of professional medical or other assistance. Applies to all workers who may be required to provide a first aid response in a range of situations, including community and workplace settings.

Date: Saturday June 11 Time: 9am - 5pm
Duration: 1 day
Cost: \$200 pp
Bookings: trybooking.com/905103 or at reception



BARISTA TRAINING

with Jonathon Bouillir

Start your journey into getting cafe job-ready with this short 5-hour introductory barista course in our newly renovated caravan cafe! Local chef and coffee connoisseur, Jono, will guide you through the fundamentals of extraction, the different types of coffee drinks, milk texturing, machine cleaning and maintenance.

Starts: Sunday June 19 Time: 9am-11.30am
Duration: 2 consecutive Sundays - June 19, 26
Cost: See Learn Local pricing
Bookings: trybooking.com/904990 or at reception

RESPONSIBLE SERVING OF ALCOHOL (RSA) ONLINE

with CFT International RTO.21120

All people serving alcohol in a public place in Victoria need this certificate approved by the Director of Liquor Licensing Victoria. Covers a range of topics including problems associated with excessive consumption of alcohol and the law; who is responsible for RSA; facts about alcohol; improving the atmosphere of your premises and handling difficult customers

Anytime online Cost: \$49pp
Direct booking [link](#) or contact reception for face-to-face delivery options

FOOD SAFETY LEVEL 1 ONLINE

with CFT International RTO. 21120

Use hygienic practices for Food Safety. Nationally recognised by the hospitality/retail industries.

Anytime online Cost: \$95pp
Direct booking [link](#) or contact reception for face-to-face delivery options

BOOKING AND CANCELLATION POLICY [VISIT PICAL.ORG.AU](https://pical.org.au)

WORKPLACE TRAINING

CONSTRUCTION INDUCTION



Training & Assessment delivered on behalf of Australian SafeT RTO 21852

The Construction Induction Course is aimed at all workers carrying out construction work, including: self-employed persons, labourers, apprentices, trades-persons, supervisors and project managers.

Participants will learn the basic principles of health and safety in the construction industry as well as information about preventing workplace injury and illness, workplace injury management and workers compensation.

Date: Friday June 24 Time: 9am-4pm
Duration: 1 day
Cost: \$180
Bookings: trybooking.com/905106 or at reception

OPERATE AND MAINTAIN CHAINSAWS



Training & Assessment delivered on behalf of Australian SafeT RTO 21852

The Operate and Maintain Chainsaws Course will teach participants the required skills and knowledge to operate chainsaws in a safe and proficient manner in the workplace. Participants will learn how to inspect, adjust, safely operate and carry out basic saw maintenance, including mixing fuels, air filter cleaning, blade tension adjustment and saw sharpening.

Participants will be involved in a number of practical demonstrations in order to gain competency in chainsaw operations.

Date: Friday July 15 Time: 9am-4pm
Duration: 1 day
Cost: \$300 pp
Bookings: trybooking.com/905203 or at reception

WORKPLACE TRAINING

All courses under Workplace Training are delivered by external Registered Training Organisations (RTO)

All students enrolling in Workplace Training courses must register for a USI (Unique Student Identifier). Visit usi.gov.au to create a USI.

TRAFFIC MANAGEMENT



Training & Assessment delivered on behalf of Australian SafeT RTO 21852

The Traffic Management Course will teach participants the basic theory of traffic controlling as well as the selection, maintenance and correct use of the appropriate traffic control equipment. It will provide participants with the essential skills for a number of industries, including construction, mining, drilling and more.

In addition the course will teach participants the skills to implement a traffic management plan and set up traffic control equipment. It will provide participants with the essential skills for a number of industries, including construction, mining, drilling and more.

Date: Friday July 8 Time: 9am-4.30pm
Duration: 1 day
Cost: \$250pp
Bookings: trybooking.com/905120

WORKING SAFELY AT HEIGHTS



Training & Assessment delivered on behalf of Australian SafeT RTO 21852

The Working Safely at Heights Course will teach participants theoretical and practical aspects of working at heights. During the course participants will be assisted to develop safe work method statements and risk assessments for working at heights. All workers who conduct or supervise tasks whilst at height will find this course beneficial to workplace safety.

Duration: 1/2 day
Cost: \$250 pp
Bookings: Contact us to register your interest

LICENCE TO OPERATE A FORKLIFT TRUCK



Training & Assessment delivered on behalf of Australian SafeT RTO 21852

The Licence to Operate a Forklift Truck Course will teach participants the skills and knowledge required to drive forklifts effectively and safely.

Key elements: planning, conducting routine checks on the forklift;; shifting loads safely; shutting down; securing the forklift after use.

Duration: 1 day
Cost: \$600
Bookings: Contact us to register your interest

LIFESTYLE AND LEISURE

CREATIVE WRITING

with Nicole S. Kelly

Join award-winning author, Nicole S. Kelly, for an inclusive creative writing course. Suitable for writers of all abilities, to start, or to rekindle a love of storytelling in its differing forms, and for to work on skills and habits to give you confidence to get what you want from your writing. Develop skills needed to create engaging stories.

You'll practise exploring voice, tone, genre, character development, perspective, and story arcs.

Starts: Monday June 6 Time: 1.30pm-3pm
Duration: 7 consecutive Mondays
Cost: \$80pp (members) \$95 (non members)
Bookings: trybooking.com/905211 or at reception

BASIC CAR MAINTENANCE

with Jonathon Bouillir

Motor vehicle enthusiast, Jono Bouillir, will show you all the key aspects of car maintenance including daily fluid checks, tyre and suspension, changing a spare tyre safely, body and chassis checks, preventative procedures for deterioration, rust prevention measures, understanding products options versus cost and using online platforms for buying and selling motor vehicles. A car will be on site for a full demo to demystify your cars inner workings!

Starts: Sunday July 3 Time: 9am-11am
Duration: 3 consecutive Sundays - July 3, 10, 17
Cost: \$60pp (members) \$75 (non-members)
Bookings: trybooking.com/905223 or at reception

EVENING SEWING CLASSES

with Lucy Cerantonio

With years of leading industry experience, Lucy can take your basic sewing techniques to the next level. BYO sewing machine and project. Expand your knowledge of adjusting and finishing techniques to produce the perfect fitting garment!

Starts: Monday June 6 Time: 6pm-9pm
Duration: 7 consecutive Mondays
Cost: \$170pp (members) \$185pp (non-members)
Bookings: trybooking.com/905225 or at reception

LEADLIGHTING FOR BEGINNERS

with Rod Widmer

Learn the process of creating leadlight pieces from pattern and glass selection to glass cutting, breaking, shaping, soldering and finishing. Students will be guided in the creation of their own take home leadlight panel. All materials provided.

Starts: Saturday June 18 Time: 10am-1pm
Duration: 4 consecutive Saturdays
Cost: \$140pp (members) \$155pp (non-members)
Bookings: trybooking.com/905228 or at reception

WOMENS SELF DEFENCE

with Jonathon Bouillir

Learn self-defence in a safe and empowering environment. For girls and women 15 yo and over. No minimum fitness required, learn practical awareness and techniques for safety and confidence. Your instructor has years of military, martial arts instruction & security guard experience.

Starts: Tuesday May 31 Time: 6pm-7.30pm
Duration: 6 consecutive Tuesdays
Cost: \$65pp (members) \$80pp (non-members)
Bookings: trybooking.com/905423 or at reception





GROUP ACTIVITIES

JUMP IN AND GET INVOLVED!



WOMEN CONNECT	Mon & Wed 10am - 1pm	PICAL reception 5952 1131
TECH SUPPORT AND PROBLEM SOLVING	Tuesdays 9am-12pm	Ajanta 0430 104 447
BOOMERANG BAGS	Mon/Wed 10.30am - 4pm	Marita 0425 804 137
RAINBOW CONNECT	Wed fortnightly 7pm - 8:30pm	Linda 0431 693 313 Cost \$3pp
WOOLSHED SPINNERS	2nd & 4th Thurs/mth 10am - 2pm	Robyn 0429 700 492 \$3pp
EMBROIDERERS	3rd Fri/mth 10am - 12pm	Josie 0409 955 109 Cost \$3pp
MAHJONG	Mondays 2.30pm - 5.30pm	Glynis 0417 353 946 Cost \$3pp
PHILLIP ISLAND TAI CHI	Tues 1pm-3pm Wed 5.45-6.45pm Thurs 1pm -3pm	Karen 0418 460 077 Please contact to book
SPANISH	Every second Thurs 10am - 11.30am	Maria 5952 6247 Please contact for prices
PHILLIP ISLAND PATCHWORKERS	Last Tues each month 9am- 12pm	Gayle 0400 634 282 Cost \$3pp
ASPI LIFE DRAWING	First Mon/mth 9.30am-12.30pm	Dan 0400 040 581 Please contact for prices
ASPI PORTRAITS	2nd Monday/mth 10am - 1pm	Gay 0425 728 323 Cost \$3pp
ASPI TEXTILES	Two Saturdays/mth 10am - 1pm	Shirley 0410 584 025 Cost \$3pp
ASPI APPRAISE AND CONNECT	3rd Wed/mth 2pm-4pm	Marian 0430 274 666 Cost \$3pp
ASPI COME AND CREATE	3rd Thurs/mth 10am-12pm	Jan 0414 734 019 Cost \$3pp
WOMEN CONNECT WALK	2nd Thurs/mth 10am	Patsy 0409 506 461 Please contact to book

PLEASE CONTACT GROUP FACILITATORS FOR FURTHER INFORMATION